

Psalm 1 Part III

The Blessed

1. walks not in the counsel of the wicked
2. nor stands in the way of sinners
3. nor sits in the seat of scoffers
4. delight is in the law of the LORD
5. on his law he meditates day and night
6. like a tree planted by streams of water
7. yields its fruit in its season
8. leaf does not wither
9. all that he does, he prospers
10. LORD knows the way

The Not Blessed

1. chaff that the wind drives away
2. will not stand in the judgment
3. (will not stand) in the congregation of the righteous
4. way of wicked will perish.

What does a Blessed person actually do as opposed to a Not Blessed?

The Blessed

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|--------------------------------------------|---|------------------------------------|
| 1. walks not in the counsel of the wicked | A | What the person does <u>Not</u> do |
| 2. nor stands in the way of sinners | | |
| 3. nor sits in the seat of scoffers | | |
| 4. delight is in the law of the LORD | | |
| 5. on his law he meditates day and night | | |
| 6. like a tree planted by streams of water | B | Feeling or an emotion |
| 7. yields its fruit in its season | | |
| 8. leaf does not wither | C | What the person <u>Does</u> do |
| 9. all that he does, he prospers | | |
| 10. LORD knows the way | D | Description of results |
| | | |
| | E | Reassurance of results |
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What does it mean by “on his law he meditates day and night”?

1. “on his law”
The “torah”; God’s written revelation of his will
2. “meditates”
thought; contemplation; reflection; musing;
3. “day and night”
continual; habitual

Characteristics of Christian Meditation

1. Meditation is focused on God through His revelations from scripture
2. Meditation should be habitual
3. Meditation is part of the Venn Diagram of a “prosperous” walk with God

The Venn Diagram of a Growing Christian Walk

