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## Delighting Ourselves in the LORD

### 1. Why (and what does this mean)?

- **“Delighting” defined:**  
passionately pursuing abundant life in Christ for the glory of God
  
  
  
  
  
  
  
  
  
  
- **God’s promise:**  
He will give us the desires of our “sanctified” hearts
  
  
  
  
  
  
  
  
  
  
- **a quote by John Piper:**  
“God is most glorified in us when we are most satisfied in Him”

### 2. How & When?

- **Passionately pursue & worship God:**  
on the mountain tops & thru the fiery trials of life
  
  
  
  
  
  
  
  
  
  
- **Abide in Christ & die to self:**  
everyday (lifestyle) and for a lifetime (longevity)
  
  
  
  
  
  
  
  
  
  
- **Walk by the Spirit & fellowship with one another:**  
when we are tempted or afraid and as we bear witness for Christ